

EXPANDED EVERYDAY DISCRIMINATION SCALE

ID NUMBER:

FORM CODE: EDS
 VERSION: 1.0 09/04/2024

Event: _____

0a) Date of Collection: / /

0b) Staff Code:

Instructions: This form should be completed during the participant's clinic visit.

In your day-to-day life, how often do any of the following things happen to you?

1) You are treated with less courtesy than other people are.

- Almost everyday⁵
- At least once a week⁴
- A few times a month³
- A few times a year²
- Less than once a year¹
- Never⁰

2) You are treated with less respect than other people are.

- Almost everyday⁵
- At least once a week⁴
- A few times a month³
- A few times a year²
- Less than once a year¹
- Never⁰

3) You receive poorer service than other people at restaurants or stores.

- Almost everyday⁵
- At least once a week⁴
- A few times a month³
- A few times a year²
- Less than once a year¹
- Never⁰

Williams, D.R., Yu, Y., Jackson, J.S., and Anderson, N.B. "Racial Differences in Physical and Mental Health: Socioeconomic Status, Stress, and Discrimination." Journal of Health Psychology. 1997; 2(3):335-351.

Williams, D.R., González, H.M., Williams, S., Mohammed, S.A., Moomal, H, Stein, D.J. "Perceived Discrimination, Race and Health in South Africa: Findings from the South Africa Stress and Health Study." Social Science and Medicine, 2008; 67: 441-452.

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4) People act as if they think you are not smart.

- Almost everyday⁵
- At least once a week⁴
- A few times a month³
- A few times a year²
- Less than once a year¹
- Never⁰

5) People act as if they are afraid of you.

- Almost everyday⁵
- At least once a week⁴
- A few times a month³
- A few times a year²
- Less than once a year¹
- Never⁰

6) People act as if they think you are dishonest.

- Almost everyday⁵
- At least once a week⁴
- A few times a month³
- A few times a year²
- Less than once a year¹
- Never⁰

7) People act as if they're better than you are.

- Almost everyday⁵
- At least once a week⁴
- A few times a month³
- A few times a year²
- Less than once a year¹
- Never⁰

Williams, D.R., Yu, Y., Jackson, J.S., and Anderson, N.B. "Racial Differences in Physical and Mental Health: Socioeconomic Status, Stress, and Discrimination." *Journal of Health Psychology*. 1997; 2(3):335-351.

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8) You are called names or insulted.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

9) You are threatened or harassed.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

10) You are followed around in stores.

- Almost everyday₅
- At least once a week₄
- A few times a month₃
- A few times a year₂
- Less than once a year₁
- Never₀

Follow-up Questions

Asked only of those answering “A few times a year” or more frequently to at least one question.

11) What do you think is the main reason for these experiences? *(Feel free to check more than one if applicable).*

	No ₀	Yes ₁
11a) Your Ancestry or National Origins	<input type="checkbox"/>	<input type="checkbox"/>
11b) Your Gender	<input type="checkbox"/>	<input type="checkbox"/>
11c) Your Race	<input type="checkbox"/>	<input type="checkbox"/>
11d) Your Age	<input type="checkbox"/>	<input type="checkbox"/>
11e) Your Religion	<input type="checkbox"/>	<input type="checkbox"/>
11f) Your Height	<input type="checkbox"/>	<input type="checkbox"/>
11g) Your Weight	<input type="checkbox"/>	<input type="checkbox"/>

Williams, D.R., Yu, Y., Jackson, J.S., and Anderson, N.B. “Racial Differences in Physical and Mental Health: Socioeconomic Status, Stress, and Discrimination.” *Journal of Health Psychology*. 1997; 2(3):335-351.

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- 11h) Some Other Aspect of Your Physical Appearance
- 11i) Your Sexual Orientation
- 11j) Your Education or Income Level
- 11k) A physical disability
- 11l) Your shade of skin color (NSAL)
- 11m) Your tribe (SASH)
- 11n) Other (Please specify) _____

END OF FORM

Williams, D.R., Yu, Y., Jackson, J.S., and Anderson, N.B. "Racial Differences in Physical and Mental Health: Socioeconomic Status, Stress, and Discrimination." *Journal of Health Psychology*. 1997; 2(3):335-351.

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