



# SIX MINUTE WALK TEST

ID NUMBER:										
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FORM CODE: SMW  
VERSION: 4.0 11/19/2018

Event: \_\_\_\_\_

0a) Date of Collection   /   /

0b) Staff Code

**Instructions:** Please read the script exactly as written, including the encouragement prompts.

**Blood Pressure:** The SMW test should be delayed or postponed if systolic blood pressure is >180 or diastolic blood pressure is >100.

**Other Safety Guidelines:** Clinically significant cardiac, orthopedic or balance difficulties or resting hypoxemia (SpO<sub>2</sub> <88% on room air, may be modified for altitude) are reasons for not conducting the six-minute walk test.

Questions 1 and 2 were removed.

3) Supplemental oxygen during test (please see MOP for criteria)

- No<sub>0</sub> → **Go to 4**  
 Yes<sub>1</sub>

3a) What is the oxygen flow?

.  L/min

3b) What type of oxygen?

- Continuous flow nasal canula<sub>1</sub>  
 Pulsed delivery system<sub>2</sub>  
 Conserving device<sub>3</sub>

4) At rest prior to six-minute walk

4a) SpO<sub>2</sub>

%

4b) Pulse

min<sup>-1</sup>

5) Continuous oximetry recorded?

- No<sub>0</sub>  
 Yes<sub>1</sub>

6) Start time of six minute walk

:   hour : minutes

7) Immediately following six-minute walk

7a) SpO<sub>2</sub>

%

7b) Pulse

min<sup>-1</sup>



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9b5) Adverse event

No<sub>0</sub> → **End Form**

Yes<sub>1</sub>

If yes, to Adverse event for 9b5, please select all that apply. Note: this does not replace completing the Adverse Event Form.

9b5a)  Angina

9b5b)  Lightheadedness

9b5c)  Intolerable dyspnea (required rescue inhaler)

9b5d)  Leg cramps

9b5e)  Staggering

9b5f)  Diaphoresis

9b5g)  Pale or ashen appearance

9b5h)  Mental confusion or headache

9b5i)  Other

9b5i1) If Other, please explain \_\_\_\_\_

**END OF FORM**